

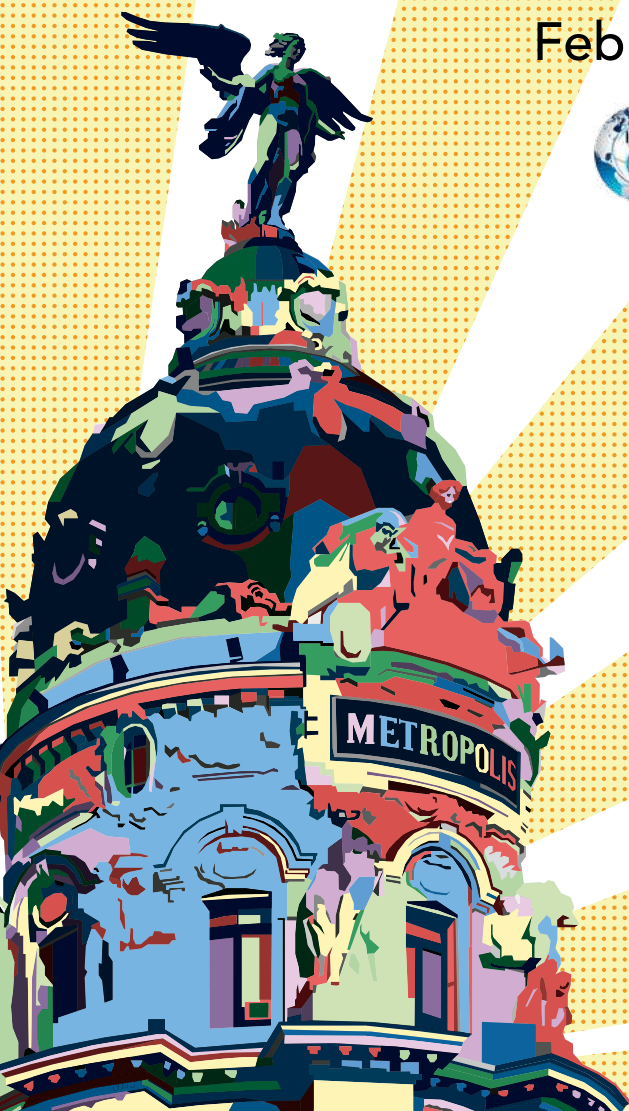
Innovations in hand and wrist arthroscopy

Madrid

Feb 16th-18th, 2022



7th IWAS WRIST
ARTHROSCOPY COURSE
Basic and Advanced Course



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MADRID
Wrist Course

ADVANCES IN WRIST & HAND ARTHROSCOPY

7th IWAS WRIST ARTHROSCOPY COURSE



Course organization

Hand Surgery and Microsurgery Unit
Orthopedic Surgery and Traumatology Department
HM Montepríncipe University Hospital. CEU San Pablo University
Boadilla del Monte, Madrid, Spain

Date

February, 16th-18th, 2022
Cad-Lab, Surgical Skills Laboratory
School of Medicine. San Pablo CEU University
Campus of Boadilla del Monte, Madrid, Spain

Objective

Course of wrist arthroscopy and reconstructive surgery techniques with two levels: basic and advanced. Designed for doctors specializing in orthopedic surgery and traumatology, residents, physiotherapists and occupational therapists with special interest in hand and wrist surgery, especially arthroscopy-assisted techniques.

Technical secretary

ATENTA Marketing

Course options

Basic course (February, 16th, 2022):

- Lectures and practical sessions in the laboratory on basic techniques.
- 14 theoretical topics.
- 9 practical sessions in the laboratory.

Advanced course (February, 17th & 18th, 2022):

- Lectures and practical sessions in the laboratory on intermediate and advanced techniques of wrist arthroscopy and reconstructive surgery.
- Live questions "on-line".
- 22 theoretical topics distributed in 5 sessions.
- 3 live surgeries broadcast to the room from the operating rooms of the HM Monte príncipe University Hospital.
- 9 practical sessions in cad-lab.
- 5 masterclasses in the laboratory by the invited professors.

Course data

- Course of theory and practice in cad-lab of 3 days: theoretical session, laboratory practices and workshops.
- On-line option via streaming will be available.
- The official language of the course will be English, both for practical sessions as well as laboratory practices and workshops.
- For practical part and workshops, it could be distributed by groups.
- Private area: on the course website and gives access to the recording of the lectures, video techniques and additional material. You need a personal access code.

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Course types and inscriptions

Basic course includes attendance to the first day's course on February 16th, 2022 (theoretical and practical part) and the lectures of the 2nd day (February 17th, 2022). Certificate of attendance, access to the private area website, bus transfers to the course from the selected hotels and work coffee & lunches on the first and second day.

Basic course plus includes the complete basic course and the possibility of attending the arthroscopy tables in the laboratory of the advanced course as an observer. It will depend on restrictions due to pandemic situation. Certificate of attendance, access to the private area website, bus transfers to the course from the selected hotels and work coffee & lunches on the three days.

Advanced course includes attendance at the theory and practice sessions on February 17th and 18th, 2022. Certificate of attendance, access to the private area website, bus transfers to the course from the selected hotels and work coffee & lunches on the two days.

Full course includes attendance at the theory and practice sessions on February 16th, 17th and 18th, 2022 Certificate of attendance, access to the private area website, bus transfers to the course from the selected hotels and work coffee & lunches on the three days.

Theoretical course allows to attend the lectures of the 2nd day on February 17, 2022, without the possibility of access to the practical sessions. Certificate of attendance, access to the private area website, bus transfers to the course from the selected hotels and work coffee & lunch on 17th.

On-line course includes to attend via streaming the theoretical session 17th without the possibility of access to the practical sessions.

BASIC course

(*Includes Basic & Advanced Lectures)

800€ + VAT (limited places)

DAY	Wed 16th	Thurs 17th	Fri 18th
Session	Lectures & Cad-Lab	Lectures	Cad Lab
COURSE	BASIC	ADVANCED	

BASIC PLUS course

(*Advanced Hands-On as observer)

1.300€ + VAT (limited places)

DAY	Wed 16th	Thurs 17th	Fri 18th
Session	Lectures & Cad-Lab	Lectures	Cad Lab*
COURSE	BASIC	ADVANCED	

ADVANCE course

(Advanced Hands-On as observer)

1.500€ + VAT (limited places)

DAY	Wed 16th	Thurs 17th	Fri 18th
Session	Lecture & Cad-Lab	Lectures	Cad-Lab
COURSE	BASIC	ADVANCED	

COMPLETE Course

(BASIC + ADVANCED Full registration)

2.300€ + VAT (limited places)

DAY	Wed 16th	Thurs 17th	Fri 18th
Session	Lectures & Cad-Lab	Lectures	Cad-Lab
COURSE	BASIC	ADVANCED	

Theoretical & On-line course

(Only advanced lectures)

90€ + VAT

DAY	Wed 16th	Thurs 17th	Fri 18th
Session	Lectures & Cad-Lab	Lectures	Cad Lab
COURSE	BASIC	ADVANCED	

Special information COVID19

- The course will be followed with the maximum-security measures caused by the Covid-19 pandemic, following the current health regulations of the Community of Madrid and the Government of Spain.
- For all medical professionals, it will be mandatory to present a complete vaccination certificate for Covid-19.
- For the rest of participants, a specific Covid-19 PCR study will be requested, carried out 48 hours before the course.
- Specific Covid-19 security plus measures to avoid direct contact such as separation between each student in the auditorium.
- Security measures can be modified under pandemic situation.

Course director:

Pedro J. Delgado

Head of the Orthopedic Surgery and Traumatology Department

Head of the Hand Surgery and Microsurgery Unit

HM Montepíncipe University Hospital. HM Nuevo Belen Hospital. HM Hospitales

Associate professor. School of Medicine: CEU San Pablo University Boadilla del Monte, Madrid, Spain

Scientific committee:

Pedro J. Delgado

Victor Triviño

Federico A. Figueredo

Mario Gil de Rozas

Fernando Polo

Alfonso Prada

Ricardo Kaempf

Andrea Atzei

Treviso, Italy

Damián Gómez

Madrid, Spain

Rafael Laredo

Toledo, Spain

Marcio A. Aita

Sao Paulo, Brazil

Gustavo Gómez

Buenos Aires, Argentina

Riccardo Luchetti

Rimini, Italy

Alejandro Badía

Miami, Florida

Pak-Cheong Ho

Hong Kong, China

Cristobal Martínez

Barcelona, Spain

Vicente Carratalá

Valencia, Spain

Ricardo Kaempf

Porto Alegre, Brazil

Fernando Polo

Madrid, Spain

Fernando Corella

Madrid, Spain

Sanjeev Kakar

Rochester, USA

Alfonso Prada

Madrid, Spain

Jaime de la Torre

Barcelona, Spain

Pau López-Osornio

Barcelona, Spain

Filippa Santos

Lisbon, Portugal

Pedro J. Delgado

Madrid, Spain

Victor Triviño

Madrid, Spain

Mireia Esplugas

Barcelona, Spain

Gustavo Mantovani

Sao Paulo, Brazil





08:00-08:15 Registration
08:15-08:30 Welcome address and course presentation

LECTURES AND HANDS-ON COURSE (Cad-Lab)

08:30-08:45	Arthroscopy anatomy and radiocarpal/midcarpal portals	Mireia Esplugas
08:45-09:00	Complications in wrist arthroscopy	Pedro J Delgado
09:00-09:30	Practice #1: Portal placement and diagnostic wrist arthroscopy	
09:30-09:45	Arthroscopic treatment of volar cyst of the wrist	Victor Triviño
09:45-10:00	Arthroscopic treatment of dorsal cyst of the wrist	Jaime de La Torre
10:00-10:30	Practice #2: Dorsal and volar cyst arthroscopic resection	
10:30-10:45	Scapholunate instability. Classification and treatment	Alfonso Prada
10:45-11:00	Capsuloligamentous repair of the scapholunate tears	Pau López-Osornio
11:00-11:30	Coffee break	
11:30-12:00	Practice #3: Scapholunate capsulodesis (single suture)	
12:00-12:15	Peripheral TFCC injuries	Cristobal Martinez
12:15-12:30	Foveal TFCC injuries	Vicente Carratalá
12:30-13:00	Practice #4: TFCC peripheral repair	
13:00-13:15	SLAC wrist: arthroscopic treatment	Fernando Polo
13:15-13:30	Arthroscopic distal ulna resection (wafer)	Damián Gómez
13:30-14:00	Practice #5: Wafer procedure, radial styloidectomy	
14:00-15:00	Group photo & lunch	
15:15-15:30	Arthroscopic assisted scaphoid fixation	Vicente Carratalá
15:30-15:45	Arthroscopic treatment of distal radius fractures	Cristobal Martinez
16:00-16:45	Practice #6: Arthroscopic assisted scaphoid fixation	
16:45-17:30	Practice #7: Arthroscopic assisted DRF fixation	
17:30-17:45	Coffee break	
17:45-18:00	CMC osteoarthritis. Arthroscopic treatment	Pedro J Delgado
18:00-18:15	Arthroscopic management of STT osteoarthritis	Rafael Laredo
18:15-18:45	Practice #8: Distal scaphoid pole resection	
18:45-19:30	Practice #9: Trapezium hemiresection & suspension	
19:30-19:40	End of basic course. Closing remarks	

08:00-08:15 Registration
08:15-08:30 Welcome address and course presentation

DAY ONE - LECTURES

Session 1: Scapholunate ligament reconstruction Chairman: Alfonso Prada

08:30-08:45	WALANT dinamic arthroscopy for scapholunate instability	Mireia Esplugas
08:45-09:00	Scapholunate Ligament Internal Brace 360° open reconstruction	Filippa Santos
09:00-09:15	Arthroscopic assisted dorsal & volar reconstruction for chronic SLD	Pak Cheong Ho
09:15-09:30	Arthroscopic scapholunoradial technique for SL reconstruction	Gustavo Gómez
09:30-09:45	Arthroscopic SL 360° internal brace reconstruction	Pedro J. Delgado
09:45-10:00	How to assess the results of SL ligamentoplasty?	Fernando Corella

10:00-10:30 Discussion

10:30-11:00 Live surgery #1

11:00-11:30 Coffee break

Session 2: DRUJ instability Chairman: Vicente Carratalá

11:30-11:45	Arthroscopic Foveal Repair for DRUJ Instability	Sanjeev Kakar
11:45-12:00	Arthroscopic assisted tendon reconstruction for DRUJ instability	Andrea Atzei
12:00-12:15	Arthroscopic TFCC reconstruction with tendon graft	Pak Cheong Ho
12:15-12:30	All-arthroscopic TFCC ligamentoplasty for chronic DRUJ Instability	Vicente Carratalá

12:30-13:00 Discussion

13:00-14:00 Live surgery #2

11:00-11:30 Coffee break

Session 3: New concepts in ligament injuries. Chairman: Pedro J. Delgado

15:00-15:15	Arthroscopic reconstruction of radiocarpal ligaments	Marcio Aita
15:15-15:30	Midcarpal instability of the wrist. Arthroscopic treatment	Andrea Atzei
15:30-15:45	LT ligament arthroscopic reconstruction	Cristobal Martínez
15:45-16:00	Distal oblique band reconstruction. New perspectives and indications	Gustavo Mantovani

16:00-16:30 Discussion

16:00-16:45 Live surgery #3



Session 4: Hand and wrist OA: Arthroscopic treatment. Chairman: Fernando Polo

16:45-17:00	Wrist arthroscopy in the ulnocarpal impaction syndrome: wafer vs USO	Fernando Polo
17:00-17:15	Arthroscopic treatment of STT osteoarthritis	Ricardo Luchetti
17:15-17:30	The SOAC wrist	Ricardo Kaempf
17:30-17:45	Arthroscopic treatment of CMC osteoarthritis	Alejandro Badía
17:45-18:00	Discussion	

Session 5: Scaphoid, distal radius fractures and sequelae. Chairman: Victor Triviño

18:00-18:15	Arthroscopic reconstruction of nonunion scaphoid in complex cases	Martin Caloia
18:15-18:30	WALANT surgery in wrist trauma	Mireia Esplugas
18:30-18:45	Arthroscopic arthrolysis of the wrist	Ricardo Luchetti
18:45-19:00	Arthroscopic treatment of chondral injuries of the wrist	Pedro J. Delgado
19:00-19:15	Discussion	
19:15-19:30	Day 1 closing session	

Friday 18th

ADVANCED COURSE

Welcome address and course presentation

DAY TWO - HANDS-ON COURSE (Cad-Lab)

08:30-09:15	Video-technique & practice #1: Dorsal capsulodesis (anchors fixation)	Vicente Carratalá
09:15-10:00	Video-technique & practice #2: TFCC foveal repair (transosseous & suture anchors)	Andrea Atzei
10:00-10:30	Masterclass #1: Nanoendoscopy of small joints	Mireia Esplugas
10:30-11:00	Video-technique & practice #3: Arthroscopic bone graft for lunate bony ganglion	Cristobal Martínez
11:00-11:45	Masterclass #2: All-arthroscopic TFCC ligamentoplasty for DRUJ Instability	Vicente Carratalá
11:45-12:30	Video-technique & practice #4: Arthroscopic assisted fixation in DRF + MIPO Video-	Fernando Polo
12:30-13:15	technique & practice #5: Arthroscopic bone graf and fixation in scaphoid non-union	Alfonso Prada
13:15-14:00	Masterclass #3: Distal radius osteotomy with guides PSI-NewClip (MedComtech)	Pedro J. Delgado
14:00-15:00	Lunch	
15:00-15:45	Masterclass #4: Total wrist arthroplasty. MOTEK system	Samuel Pajares
15:45-16:30	Video-technique & practice #6: Thumb UCL/RCL arthroscopic repair	Victor Triviño
16:30-17:15	Video-technique & practice #7: Intercarpal bone fusion	Pau López-Osorio
17:15-18:00	Masterclass #5: Three-Step arthroscopic trapeziectomy technique	Fernando Corella
18:00-18:45	Video-technique & practice #8: CMC arthroscopy + suspension	Ricardo Luchetti
18:45-19:30	Video-technique & practice #9: Trapeziectomy & suspensioimplasty with InternalBrace	Filippa Santos
19:30-19:40	Conclusions . End of the Course	

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Scientific support



CEU
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San Pablo

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Logistical support

