

SON LLATZER WALANT COURSE

7th - 8th FEBRUARY 2020
PALMA DE MALLORCA

Organizer



Carlos Pérez Uribarri

Jefe de Sección
de Cirugía de Extremidad Superior
Hospital Universitario Son Llàtzer

Venue

Hospital Universitario Son Llàtzer



SON LLATZER WALANT COURSE

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PALMA DE MALLORCA

FACULTY



Amir Adham Ahmad
Malaysia



Thomas Apard
France



Donald H. Lalonde
Canadá



Xavier Aldecoa
Tarragona



Ana M. Far-Riera
Mallorca



Marta Oldrati
Mallorca

TOPICS

Walant Principles
Walant and...Tendon surgery, Fractures,
Nerve surgery, Sports & Ultrasound
Guided Surgery





GENERAL INFORMATION

VENUE

Hospital Universitario Son Llàtzer
Ctra. Manacor, km.4
07198 Palma de Mallorca



REGISTRATION

Early Bird Fee (Until 31 Dec 2019)	320€
After 31 Dec 2019 (VAT included)	375€

Send request to: spiros@torrespardo.com

TECHNICAL SECRETARIAT

Esther Torres
Tel. +34 93 246 35 66
www.torrespardo.com
e.torres@torrespardo.com

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7th - 8th FEBRUARY 2020
PALMA DE MALLORCA

SCIENTIFIC PROGRAM 7TH FEBRUARY

07:45-08:00 Opening

08:00-08:15 Welcome Authorities

08:15-08:30 Objectives and course presentation
C. Pérez-Uribarri

PART 1 : HOW TO DO WALANT, NERVE RELEASE AND TRIGGER FINGER

Moderator: M. Oldrati

08:30-08:40 The End of the Epinephrine Myth, the Tourniquet and
General Anesthesia for Hand Surgery
D. Lalonde

08:40-09:10 WALANT Principles. Dosage & Technique
D. Lalonde

09:10-09:30 Implantation of WALANT programme in a Spanish
Hospital
J. Aldecoa

09:30-09:50 How WALANT has changed my practice in hand
surgery
T. Aparó

09:50-10:10 Wide awake surgery as a "Triple Aim" Procedure
A.M. Far-Riera

10:10-10:30 Maximizing Efficiency in Common Hand Surgery
Procedures and Evidence Based sterility
D. Lalonde

10:30-11:45 Discussion

11:45-12:00 Coffee break ☕



SCIENTIFIC PROGRAM **7TH FEBRUARY**

- 12:00-12:10 **Carpal Tunnel Release**
C. Pérez-Uribarri
- 12:10-12:20 **Trigger finger**
M. Oldrati
- 12:20-12:40 **Ulnar nerve release**
D. Lalonde
- 12:40-13:00 **Pronator Teres, Lacertus Fibrosus: Diagnosis and Release of Median Nerve at the Elbow with WALANT**
D. Lalonde
- 13:00-13:20 **Arthrolysis and Tenolysis**
J. Aldecoa
- 13:20-13:30 **Discussion**
- 13:30- 14:10 Lunch Break ✂

PART 2: HAND TRAUMA

Moderator: A.M. Far-Riera

- 14:10-14:20 **Advantages of Flexor Tendon Repair in the Wide Awake Patient**
J. Aldecoa
- 14:20-14:50 **How to get Consistently Good Results in Flexor Tendon Repair**
D. Lalonde
- 14:50-15:10 **Getting the Tension Right in Tendon Transfers and Tendon Grafting with the Wide Awake Approach**
D. Lalonde
- 15:10-15:30 **Thumb Extension is Immediate Following Extensor Indicis Proprius to extensor Pollicis Longus Tendon Transfer using the Wide Awake Approach**
- 15:30-15:50 **Extensor Tendon Repair and Including Relative Motion Splinting Concept**
D. Lalonde

SCIENTIFIC PROGRAM 7TH FEBRUARY

15:50-16:10	Managing Boutonniere Deformities and Swan-neck Deformities <i>T. Aparó</i>
16:10-16:30	How to get better results in finger and metacarpal fractures <i>D. Lalonde</i>
16:30-16:45	Distal radius fracture under WALANT <i>A. Adham</i>
16:45-17:00	Phalangeal osteotomy under walant <i>T. Aparó</i>
17:00- 17:15	Discussion

SCIENTIFIC PROGRAM 8TH FEBRUARY

PART 3 : ARTHROPLASTY and DUPUYTREN

Moderator: C. Pérez-Uribarri

09:00-09:10	PIP Arthroplasty under WALANT <i>T. Aparó</i>
09:10-09:25	Wide awake trapeziectomy for thumb basal joint arthritis <i>D. Lalonde</i>
09:25-09:40	CMC tenosuspension and total arthroplasty <i>T. Aparó</i>
09:40-10:00	Improving Results with safe Dupuytren's WALANT and Relative Motion splints for Extensor Lag <i>D. Lalonde</i>
10:00-10:20	Solving Common Hand Pain Problems with Simple Solutions like Relative Motion Splinting <i>D. Lalonde</i>
10:20-10:30	Discussion



SCIENTIFIC PROGRAM 8TH FEBRUARY

10:30-10:45 How to Improve Security in tendon repair.
Sponsored by Suturas Aragó
C. Pérez- Uribarri

10:45-11:15 Coffee, donuts & hands on tendon repair ☕

PART 4 : WHAT'S NEXT?

Moderator: J.M. Rapariz

11:15-11:35 Tendon transfer for radial nerve palsy
A. Adham

11:35-11:55 Applications in sports medicine
T. Apard

11:55- 12:15 Spaghetti wrist under WALANT
A. Adham

12:15-12:35 Ultrasound and WALANT surgery
T. Apard

12:35-12:55 WALANT for upper limb fractures
A. Adham

12:55-13:15 WALANT for lower limb fractures
A. Adham

13:15-13:30 Discussion

13:30 [Course Closure](#)
C. Pérez-Uribarri

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